situation; it is therefore imperative to maintain a strong, supportive community for these comrades. The strength of our movement is determined by how much we support our fallen brothers and sisters. As former anarchist POW Ojore Lutalo puts it, "Any movement that does not support its political internees is a sham movement."

GET INVOLVED

People can join Running Down the Walls in the following ways:

- Be a participant!—We are asking people or groups who are participating to collect as many sponsors as possible. Remember: the money received is going to help imprisoned comrades.
- Sponsor a participant This can be done through a flat donation to the person of your choice. Contact us if you would like to sponsor one of the political prisoners participating from inside.
- Sponsor Running Down the Walls!!! –
 Any amount helps. Contact one of the
 chapters listed at abcf.net/contact/ if your
 organizations would like to donate and be
 listed as a sponsor on the website and all
 fliers/posters.
- Donate to the Warchest see donation methods below.
- Organize a Running Down the Walls in your location!!! – We wish to expand the solidarity events in more cities and prisons. Please contact one of the chapters listed at abcf.net/contact/ if you wish to organize one in your area and could use suggestions.

Running Down The Walls



abcf.net

POLITICAL PRISONER: A person incarcerated for actions carried out in support of struggles for self-determination or for opposing the illegal policies of the government or its political subdivisions

-Special International Tribunal on the Violation of Human Rights of Political Prisoners and Prisoners of War in the United States Prisons and Jails, December 1990.

RUNNING DOWN THE WALLS

Each fall Anarchist Black Cross Federation chapters and other organizations host a 5k run/walk/roll/cheer in locations inside and outside of prisons on Turtle Island. This run/walk is designed to raise much-needed funds for the Anarchist Black Cross Federation's Warchest program and other social justice causes chosen by the hosting group.

WARCHEST PROGRAM

• The Warchest Program was created in November of 1994. Its purpose is to send monthly financial support to Political Prisoners and Prisoners of War (PP/POWs) who have received insufficient, little, or no financial support during their imprisonment. Funds for the Warchest will then be divided and distributed through monthly stipends to the political prisoners in need. Prisoners use this money to cover the basic necessities of everyday living.

SUPPORT THE STRUGGLE

We must remember that many of those arrested in the past or present are not far from us. Many of them were and are community and labor activists, queer and environmental activists; people who decided to speak out against various forms of oppression and sacrificed personal freedom for their actions. We must remember that any one of these people could have at one time stood beside us in a demonstration, a speak-out, or an organizing meeting. Tomorrow, we might find ourselves in this

RUNNING DOWN THE WALLS SPONSOR SIGN-UP

	Contact info:
Sponsor #1 (name or online donation method handle):	
Amount:	Donation Method (circle one): CashApp, Venmo, PayPal, Cash, Check/MO
Sponsor #2 (name or online donation method handle):	
Amount:	Donation Method (circle one): CashApp, Venmo, PayPal, Cash, Check/MO
Sponsor #3 (name or online donation method handle):	
Amount:	Donation Method (circle one): CashApp, Venmo, PayPal, Cash, Check/MO
Sponsor #4 (name or online donation method handle):	
Amount:	Donation Method (circle one): CashApp, Venmo, PayPal, Cash, Check/MO
Sponsor #5 (name or online donation method handle):	
Amount:	Donation Method (circle one): CashApp, Venmo, PayPal, Cash, Check/MO

WAYS TO DONATE:



Cash App





\$Timabcf

@TimFasnachtABCF

paypal.me/abcfwarchest

Check or money order: made out to Tim Fasnacht and send to:

Tim Fasnacht, P.O. Box 8682, Lancaster, PA 17604.

CashApp: \$timabcf

PayPal: www.paypal.me/abcfwarchest (or send your donation to timABCF@aol.com)

Venmo: TimFasnachtABCF

Tax-deductible: We have a 501c3 fiscal sponsor for tax-deductible gifts of over \$500. Please contact us for how to submit tax-deductible checks or money orders.

If you'd prefer to stay anonymous or are donating in the name of an organization, let us know.